

AUGUST 2026

Mon

Tue

Wed

Thu

Fri

3 Bean and Ham Soup Collard Greens Cornbread Margarine Vanilla Pudding Milk	4 Breaded Pork Chop Mashed Potatoes Green Peas Whole Grain Roll Margarine Chocolate Chip Cookie Milk	5 Chicken Cordon Bleu California Vegetable Blend Scalloped Potatoes Whole Grain Roll Margarine Ambrosia Salad Milk	6 Tuna Sandwich Lettuce/Tomato Corn Chowder Orange Milk	7 Beef Macaroni Casse- role Carrots Whole Grain Roll Margarine Tropical Fruit Salad Milk
10 Grilled Chicken Breast Great Northern Beans Brussel Sprouts Whole Grain Roll Margarine Mixed Fruit Brownie Milk	11 Meatloaf Mashed Potatoes Green Peas Whole Grain Roll Mandarin Oranges Milk	12 Fish Sandwich Green Beans Cole Slaw Fried Apples Milk	13 Grilled Chicken Salad Italian Dressing Corn Chowder Whole Grain Roll Chocolate Chip Cook- ie Milk	14 Breaded Pork Chop Collard Greens Mashed Potatoes Whole Grain Roll Margarine Banana Milk
17 Orange Glazed Chicken Fried Rice Vegetable Egg Roll Stir Fry Vegetable Blend Orange Milk	18 Cheese Burger Deluxe Broccoli Raisin Salad Roasted Potatoes & Car- rots Orange Strawberry Gela- tin Cup Milk	19 Roast Turkey Baked Potato Margarine/Sour Cream Herb Glazed Carrots Whole Grain Roll Diced Pears Milk	20 Oven Fried Chicken Breast Collard Greens Au Gratin Potatoes Whole Grain Roll Banana Milk	21 Baked Spaghetti House Salad French Dressing Broccoli & Cauliflower Garlic Breadstick Red Grapes Milk
24 Salisbury Steak Parmesan Noodles Creamed Spinach Whole Grain Roll Margarine Brownie Milk	25 Turkey Sandwich Tomato Soup Broccoli Raisin Salad Colby Jack Cheese Stick Tropical Fruit Salad Milk	26 Herbed Pork Loin Lima Beans Sweet Potatoes Whole Grain Roll Margarine Diced Pears Milk	27 Chicken Strips Herb Glazed Carrots Au Gratin Potatoes Apple Cinnamon Roll Cobbler Milk	28 Meat Loaf Mashed Potatoes Green Peas Whole Grain Roll Margarine Clementine Milk
31 BBQ Chicken Breast Orange Glazed Sweet Potatoes Collard Greens Whole Grain Roll Margarine Pineapple Chunks Milk	Pennyrile Allied Community Services Making a difference in Kentucky			
This menu is available in PACS Senior Centers in: Caldwell, Christian, Crit- tenden, Hopkins, Living- ston, Lyon, Muhlenberg, Todd & Trigg Counties.	LIVE UNITED.			All menu items are subject to change based on availability. PACS Milk/Coffee/Tea/Water available each day.